



School Lunch Menu - from 6th September 2017

Starting with week 1

Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
Dinner	Meat Opt			Roast Chicken, York puds. or	All Day Breakfast	Fish Fingers
	Veg Option			Quorn Fillet + Yorkshire Pud	Veg. All day Breakfast	or Folded Omelette
Pasta Pots	BBQ Chicken Cheese			N/A	Cheese Tuna Mayo	
Jacket Toppings	N/A			Baked beans Sausage	N/A	
Served with	Roast potatoes, carrots, peas			Hash brown, Bkd Tomato, Bkd beans	Chips ,Salad Bar, Peas + Sweetcorn	
Pudding	Fresh Fruit Pots			Pancakes with Syrup	Iced fruit smoothie	

Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
Dinner	Meat Opt	Mild Chicken Tikka	Fish Fingers	Roast Beef + Yorkshire	Pepperoni Pizza	Chicken Bites
	Veg Option	or Sweet Potato & Lentil Curry	or Summer Vegetable Swirls	or Golden Vegetable Loaf	or Cheese + Tomato Pizza	or Vegetable Nuggets
Pasta Pots	N/A	N/A	Cheese Tuna Mayo	N/A	Cheese Ham	
Jacket Toppings	Chicken Cheese	Baked Beans Sausage	N/A	Tuna Mayo Ham	N/A	
Served with	Naan Bread, Basmati Rice	Herby Diced Potatoes, Peas, Salad bar	Roast Potatoes Carrots, Green Beans	Coleslaw Pasta Salad	Chips ,sweetcorn, salad bar	
Pudding	Banana Cake + Custard	Fresh Fruit Pots	Fruit Ice Lolly	Summer Fruit Jelly	Melting Moment Cookie	

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
Dinner	Option 1	Tomato & Mozzarella Pasta Bake	Chicken & Sweetcorn Pie	Roast Turkey Yorkshire Pud	Battered Fish Fillet	Butchers Pork Sausages
	Option 2	Macaroni Cheese	Cheese & Tomato Tart	Quorn Fillet + Yorkshire	or Pepper & Sweetcorn Quiche	or Quorn Sausages
Pasta Pots	N/A	N/A	Ham Cheese	N/A	Cheese Tuna Mayo	
Jacket Toppings	Cheese Beans	Chicken Tuna	N/A	Sausage Beans	N/A	
Served with	Garlic bread Salad bar	New Potatoes, mxd.veg, salad bar	Roast Potatoes Carrots Broccoli Salad Bar	Mash potato, Peas, salad bar	Chips Beans ,salad bar	
Pudding	Pineapple Upside Down Cake	Wedges of Mixed Melon	Ice Cream & Strawberry Sauce	Summer Berry Eves Pudding + Custard	Angel Delight	

A selection of breads , fruit juice, water and milk are also available every day.

There are also some portions of fruit/yoghurts available.

DINNER MENU -Autumn 2017

Please find below our dinner order form for **6th September to 22nd September 2017**.

Please return the completed form to the school office by Wednesday 19th July
Orders received after this date are unable to be processed.

[The form can be completed electronically and returned to the email address dinners@stlukeschurch-cp.essex.sch.uk](mailto:dinners@stlukeschurch-cp.essex.sch.uk)



St Luke's School Dinner Order Form

Name of Child: _____

Class: _____

Please tick the correct box to indicate when you would like your child to order a school dinner.

w/c	Monday 4th Sept 2017			Wednesday	Thursday	Friday
Menu Week 1						
Option 1						
Option 2						
Pasta Pot					N/A	
Jacket Potato				N/A		N/A

w/c	Monday 11th Sept 2017				
Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1					
Option 2					
Pasta Pot	N/A	N/A		N/A	
Jacket Potato			N/A		N/A

w/c	Monday 18th Sept 2017				
Menu Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1					
Option 2					
Pasta Pot	N/A	N/A		N/A	
Jacket Potato			N/A		N/A

My child is in Foundation, KS1 or entitled to Free School Meals:

School Dinners cost £2.00 and Jacket Potatoes/Pasta Pots cost £2.00.

I enclose cash / cheque:

Amount enclosed: £

I have paid online:

Please email to dinners@stlukeschurch-cp.essex.sch.uk